

SIZE	MEASURE AROUND THE BREAK OF THE WRIST
X - SMALL	Under 4.5 Inches (Under 11.4 CM)
SMALL	4.5 - 5.5 Inches (11.4 - 14 CM)
MEDIUM	5.5 - 6.5 Inches (14 - 16.5 CM)
LARGE	6.5 - 7.5 Inches (16.5 - 19 CM)
X - LARGE	7.5 Inches and Up (19 CM and Up)

